HEARTY
FLAVORFUL
HOMEMADE

EVENTS AND RETREATS MENU
Joe C. Davis YMCA Outdoor Center
**BREAKFAST**

All breakfast meals served with a continental breakfast bar. The breakfast bar includes fruit, pastries, cereal, and yogurt.

Please choose one of the menu options below:

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**OPTION ONE**

Scrambled Eggs  
Bacon & Sausage Links  
Breakfast Potatoes or Hash Brown Casserole  
Biscuits and Sausage Gravy

**OPTION THREE**

Scrambled Eggs  
Bacon & Sausage Links  
Breakfast Potatoes or Hash Brown Casserole  
Baked Apples  
Biscuits

**OPTION TWO**

French Toast & Maple Syrup  
Bacon & Sausage Links  
Breakfast Potatoes or Hash Brown Casserole

**OPTION FOUR**

Waffles & Maple Syrup  
Bacon & Sausage Links  
Breakfast Potatoes or Hash Brown Casserole

*Turkey sausage and bacon available upon request*

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**LUNCH**

All lunch meals are served with a full salad bar.

Please choose one lunch entree and two lunch sides:

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**LUNCH ENTREES**  
**(PICK ONE)**

BBQ Sandwiches (Pork or Chicken)  
Chicken Fajitas  
Hamburgers/Cheeseburgers  
Ground Beef Tacos with Corn or Flour Tortillas  
Chicken Tacos with Corn or Flour Tortillas  
Chicken Tenders  
Breaded Chicken Sandwich  
Soup & Sandwich Bar  
Chili

**LUNCH SIDES**  
**(PICK TWO)**

Homemade cole slaw  
Black Beans  
Peas & Carrots  
Seasonal Vegetables  
Spanish Rice  
French Fries  
Sweet Potato Fries  
Red Skin Potato Salad  
Mexican Street Corn  
Soup
DINNER

All dinner meals are served with dinner rolls, full salad bar and dessert. Please choose one dinner entree and two dinner sides:

### DINNER ENTREES (PICK ONE)
- BBQ Chicken
- Cajun Chicken
- Blackened Chicken
- Herb-roasted Chicken
- Parmesan Chicken with Marinara
- Meatloaf
- Beef and Broccoli
- Sweet & Sour Chicken
- Pizza
- Baked Ziti
- Baked Spaghetti
- Meat Lasagna
- Vegetarian Lasagna
- Cheese Lasagna

### PREMIUM DINNER ENTREES (ADDITIONAL CHARGE)
- Prime Rib
- Salmon
- Pork Tenderloin
- Grilled Chicken Breast

### DINNER SIDES (PICK TWO)
- Sautéed Green Beans with Shallots
- Whipped Potatoes
- Rice Pilaf
- Black Beans
- Roasted Potatoes
- Stir Fry Vegetables
- Creamed Corn with Parsley
- Spiced butternut squash
- Seasonal vegetables
- Creamy Orzo with Parmesan
- Corn on the Cob
- Turnip Greens
- Mixed Vegetables
- Soup

### SOUP OPTIONS
- Vegetable
- Chicken
- Tomato
- Potato
- Tortilla
- Corn Chowder

### DESSERTS (PICK ONE)
- Brookies
- Brownies
- Chocolate Chip Cookies
- Chocolate Cake
- Lemon Bars
- Snickerdoodles

*Other desserts available upon request.*