

DAY CAMP SESSION 7 LUNCH MENU



MONDAY

Corn Dog
Hot Dog
Roasted Potatoes
Sweet Potato Fries

TUESDAY

Chicken Fajitas
Nacho Chips
Spanish Rice
Beans

WEDNESDAY

BBQ Pulled Pork
Hot Dogs
Coleslaw
Fries

THURSDAY

Pizza
Wings
Hot Pockets
Mozzerella Sticks

FRIDAY

Hamburgers
Veggie Burgers
Brats
Potato Salad



Cherry Tomato & Summer
Squash Pasta



Thai Pineapple Rice
Black Bean & Corn Salad



Strawberry Feta Tossed
Salad



Pesto Pasta & Potatoes
Cucumber Salad



Veggie Burger
Fries

AVAILABLE DAILY:

Salad Bar
Fruit Bar
Turkey & Cheese Sandwich
Sun Butter & Jelly Sandwich
with Cheese Stick
Juice

DIETARY RESTRICTIONS?

Does your child have any food allergies or dietary restrictions? If so, please include this information on the online health form through our registration portal. We will accommodate your child's meals to their needs. You can always pack your child lunch if they have certain preferences.

NUT FREE FACILITY

We are a nut free facility and ask that no food or other products containing nuts be sent with a camper or in a care package.

HAVE QUESTIONS ABOUT DAY CAMP LUNCH?

Reach out to our Kitchen Operations Director or our Day Camp Director via phone or email.



TRENT COOKS

Kitchen Operations Director
tcook@ymcamidtn.org
615-360-2267 ext. 72428



REUBEN SMITH

Day Camp Director
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